



Enrichment Activities 2026-27

Providing more opportunity for everyone to extend their experience of learning.



Watergrove
Trust
Providing more





Term 1 Overview

What is Enrichment?

Enrichment provides learners with the opportunities to try new and varied activities that may not strictly fit into the National Curriculum, but that develop character, resilience, motivation, and encourage them to pursue wider goals. Enrichment helps to teach life skills that benefit learners far beyond the classroom, and can develop an appreciation for cultural and community issues, teamwork and social responsibility. At Matthew Moss, our aim is to provide more for all of our learners. Please find below our enrichment offer for Term 1 of this academic year. All clubs are free of charge with the exception of the Duke of Edinburgh. There are clubs on offer at lunchtimes or after school.



**MATTHEW MOSS
HIGH SCHOOL**
Learning for Life

ENRICHMENT TIMETABLE 2026 WINTER

	MON	TUE	WED	THU	FRI
LUNCHTIME	<u>PE</u> -KS3 FITNESS (GYM) -GIRLS FOOTBALL (SPORTSHALL) <u>OTHER</u> -GEOGUESSR CLUB (B27) -CHOIR (CONNECTIONS)	<u>PE</u> -KS4 FITNESS (GYM) -DANCE (SPORTSHALL) <u>OTHER</u> -SIGN LANGUAGE CLUB (A6) -BOARD GAMES CLUB (B27) -MINECRAFT CLUB (IT ROOM)	<u>PE</u> -GIRLS FITNESS (GYM) -Y9 FOOTBALL (SPORTSHALL) <u>OTHER</u> -PAGETURNERS (B2) -MAP CLUB (A8)	<u>PE</u> -BASKETBALL (SPORTSHALL) <u>OTHER</u> -LEGO CLUB (B11) -MINECRAFT CLUB (IT ROOM)	<u>OTHER</u> -ANCIENT HISTORY CLUB (A8) -CHESS CLUB (B27)
AFTER SCHOOL	<u>PE</u> -Y10 FOOTBALL (ASTRO) <u>OTHER</u> -ROCK SCHOOL (RECORDING STUDIO) -HOMEWORK CLUB (LIBRARY)	<u>PE</u> -Y8 + Y7 FOOTBALL (ASTRO) -NETBALL (SPORTSHALL) <u>OTHER</u> -DUNGEONS AND DRAGONS (D FLOOR OPEN AREA) -HOMEWORK CLUB (LIBRARY)	<u>OTHER</u> -HOMEWORK CLUB (LIBRARY) -STEM CLUB (C3)	<u>OTHER</u> -BOYS WEIGHT LIFTING (GYM) -HOMEWORK CLUB (LIBRARY)	<u>OTHER</u> -DRAMA CLUB (HALL/D4)



PE and Physical Activities



PE and Physical Activity Information

At MMHS your child will be presented with a vast amount of opportunities to participate in many different sports and physical activities. The activities on offer at lunchtime and after school provide the perfect balance between competitive and recreational sport. So whether your child wants to join one of our enrichment activities because they just want to have fun and be active or they want to compete against other schools; we provide a stimulating environment for both.

There are many other reasons as to why your child should attend at least one of our clubs. Not only can your child enhance skill levels, improve confidence and competence in that activity and develop their knowledge. But there is a lot of evidence that suggests that regular physical activity has a positive impact on physical, psychological and social health.

What happens if they want to attend?

- Check the timetable below.
- For lunchtime clubs please bring a pair of trainers--PE kit NOT needed.
- For after- school activities a full MMHS PE kit is needed.
- All clubs are welcome to both boys and girls.

PHYSICAL EDUCATION EXTRA-CURRICULAR TIMETABLE- SEPTEMBER		Lunchtime	After school (3.05-4.05pm)
	MONDAY	Fitness - KS3 (Gym) (24) - KY Girls Football- (Sportshall) - VM	SPORTS STUDIES Intervention - VM (B28) GCSE PE intervention - WF/AD- B25/B26 Football - Year 10 (Astro) - KY
	TUESDAY	Fitness- KS4 (Gym) (24)- ZW Dance- All years - (Sportshall) -CT	Football- Year 7 & 8 - Astro - WF Netball- KS3 and KS4 (Sports hall) - EW/CT
	WEDNESDAY	Fitness- Girls Only- all years (Gym) - EW Yr 9 Football- (Sportshall) -AD	Health and Social care Intervention - VM (B27), AD (B25) , ZW (B26)
	THURSDAY	Basketball - All years (sportshall) WF	Whole school meetings no club
	FRIDAY		



Ancient History Club



Ancient History Club Information

Are you a Historian with an interest in the Ancients? Do you wish you could investigate what the world was like over 2000 years ago? The Ancient History club has got the answers you need!

At MMHS Ancient History Club, we will be investigating what societies and cultures existed in the distant past - from the 'Groovy' Greeks to the 'Rotten' Romans. We will explore a range of artefacts and sources to create projects that will help us to understand the rise and fall of these ancient civilizations. You will be able to choose your own topics to study and present your findings in whatever way you choose from traditional powerpoints/ dioramas to poems and drama pieces. There is something for everyone and a whole world to explore.

Curriculum Area	Humanities
Day and Time	Friday Lunch
Years welcome	All
Room	A8
Staff member	Mr Mayers jmayers@mmhs.co.uk



Chess Club



Chess Club Information

Chess Club gives learners an opportunity to play friendly games of chess against their peers in a casual environment. The club welcomes chess players from all levels of experience, from beginners to experts. It doesn't matter if you're a beginner who doesn't know a pawn from a rook or a seasoned chess strategist – Chess Club is a place where you can learn, hone your skills, or find someone to match your talents head-to-head!

Curriculum Area	Humanities
Day and Time	Friday Lunch
Years welcome	All
Room	B27
Staff member	Mr Dent edent@mmhs.co.uk .



Geoguessr Club



Geoguessr Information

Are you ready to embark on an epic adventure without leaving school? In the Global Explorers Club, we dive into fun games like GeoGuessr, Guess the Language, and Guess the Flag, challenging your skills in geography, culture, and trivia! Think you can pinpoint a random street in Europe or guess what country that flag belongs to? How about identifying a language from just a few phrases? Whether you're a geography genius or just love exploring new places, this club is for anyone who wants to test their knowledge and travel the world (virtually) with friends.

Curriculum Area	Humanities
Day and Time	Monday Lunch
Years welcome	All
Room	B27
Staff member	Mr Dent edent@mmhs.co.uk .



Pageturners



Pageturners Information

Are you passionate about **reading**? Do you enjoy settling down with a **good book**? If the answer is “yes!” then **Pageturners** is for you! Meet like-minded learners who have **a love for literature**, be introduced to exciting **new novels** and develop your **critical thinking skills**. Together, we will read, explore and discuss all things **books**.

Curriculum Area	English, Media Studies and Performing Arts
Day and Time	Wednesday Lunchtime
Years welcome	All
Room	B6
Staff member	Ms Shoukat nshoukat@mmhs.co.uk



Board Games Club



Board Games Club Information

Board games offer far more than just amusement; they stimulate your imagination and creative thinking, develop problem solving skills, encourage teamwork and promote resilience and patience. The Board Games Club is a welcoming, inclusive space for learners to socialise and relax. We have a collection of games here at MMHS and if there are any games you are interested in that you would like to play just let us know.

Day and Time	Tuesday Lunchtimes
Years welcome	All
Room	B27
Staff member	Katarzyna Konowalska kkonowalska@mmhs.co.uk



Dungeons and Dragons Club



Dungeons and Dragons Club Information

Are you ready for some fun after school? Join us at our Games Club every Thursday, where all students are welcome to unleash their competitive spirit and creativity! Dive into a fantastical world with our student-run Dungeons & Dragons session, where epic adventures await. But the excitement doesn't stop there! We'll also explore a variety of other games that will challenge your skills and spark your imagination. Whether you're a seasoned gamer or just looking to try something new, there's something for everyone. Grab your friends and join us for an afternoon of laughter and camaraderie!

Day and Time	Tuesday After School until 4pm
Years welcome	All
Room	D-Floor Open Area
Staff member	Rachel Fox rfox@mmhs.co.uk



Drama Club



Drama Club Information

Welcome to our very own MMHS Drama Club! Are you a lover of singing, acting and drama? Do you have a passion for theatre? Or do you simply want to grow in confidence and enjoy drama activities? Join us as we collaborate to put together brilliant performances, a jazzy showcase and many more! You will get the chance to learn about acting and take part in the audition process as we get ready to put together our very first MMHS School Show! With the help of our expert in Drama and our Director of Theatre, Mrs Owens and the trusty Assistant Director, Miss Akhtar, you will be welcomed to the MMHS stage, learning all about the world of show business! Lights, Camera, Action!

Curriculum Area	English, Performing Arts and Media
Day and Time	Friday After School until 4pm
Years welcome	All
Room	Hall
Staff member	Mrs Owens & Miss Akhtar gmarsh@mmhs.co.uk sakhtar@mmhs.co.uk



Sign Language Club



Sign Language Club Information

Some of our learners use BSL (British sign language) to support their communication. Come along and learn some signs! All are welcome whether they are hearing impaired or not. Come be part of our caring community. :)

Curriculum Area	All - Communication and language
Day and Time	Tuesday lunchtimes
Years welcome	All
Room	A6
Staff member	Julie Powell + Karen Conroy jpowell@mmhs.co.uk



Deaf Youth Club



Deaf Youth Club

This is a safe place for our hearing impaired learners to relax and socialise in the Youth Club outside of school. Learners can play pool, have a go at indoor archery and play various different games. You must be invited by a hearing impaired learner to attend this.

Day and Time	Monday 12.30 -1.15pm
Years welcome	All with hearing impairment (or by invitation only)
Room	Meet at Reception to go out to the youth centre
Staff member	Karen Conroy (All available HIRB staff). kconroy@mmhs.co.uk



Rock school



Rock school

Learn to play drums, guitar, bass, keyboard or sing as part of a band. Sessions will cover a variety of different musical genres and you will learn how to play a vital part in a group performance. This is a great opportunity to learn real-world musical skills and make friends with other musicians. Beginners and experienced players are welcome!

Curriculum Area	Music
Day and Time	Monday After School until 4pm
Years welcome	All
Room	Recording studio
Staff	Mr Holland rholland@mmhs.co.uk



Young Health Activists



Young Health Activists Information

The Young Health Activists programme is a guided-learning programme which leads to a qualification; RSPH Level 2 Award for Young Health Activists. The programme is for young people between the ages of 14 - 24 who want to help their peers develop a healthier lifestyle and make their voice heard around health and wellbeing issues. The Young Health Activists programme gives young people across the country the skills to take control of their health and wellbeing. The programme explores what the most prevalent risks to the health of young people are including substance abuse, social media and smoking and how to address these risks to make healthy lifestyle choices.

Curriculum Area	Extra Curricular
Day and Time	Thursday - 12:45 - 13:15pm
Years welcome	Year 9
Room	Fitness Suite
Staff	Ms Turner



Duke of Edinburgh: Bronze Award



Duke of Edinburgh Bronze Information

Duke of Edinburgh is a fantastic chance to develop yourself in many different ways. The stand out part of this qualification is the expeditions that take two days to complete. During the expeditions you and your group will spend two days navigating in the outdoors, this includes camping and cooking your own meals. The qualification covers much more than just this as you will also get to choose a skill, physical activity and volunteering activity to complete over the course of three to six months. People who take part in this qualification make memories that last a lifetime and develop skills that are transferable to the wider world when you leave school.

Curriculum Area	Extra Curricular
Day and Time	Tuesday 3:05-4:00 (ONLY RUNNING FROM DECEMBER ONWARDS)
Years welcome	Year 9
Room	B21
Staff	Mr Dent edent@mmhs.co.uk



STEM Club



STEM Club Information

All students will have the opportunity to engage with a selection of activities that can be carried out within the classroom. These activities will be mostly practical based and encourage students to work on developing practical, teamwork and leadership skills that will support their classroom learning and boost their employability skills. Be prepared to get messy, get involved and enjoy the exciting elements of STEM.

Curriculum Area	Science
Day and Time	Wednesday Afterschool until 4pm
Years welcome	All
Room	C3
Staff	Ms Kay on a rota with other science teachers skay@mmhs.co.uk



Lifting Club



Lifting Club Information

Ready to master the fundamentals of Barbell Lifting? Join in with an exciting journey through the main compound lifts: Bench Press, Squat, Deadlift, and Overhead Press. Led by Dr. Penney, a certified Level 1 British Powerlifting Coach and seasoned competitor (including a Silver Medal at the British Bench Press Championships in 2020 and 2021), you'll be in expert hands.

Weightlifting isn't just about getting stronger—it's a full-body boost. From building muscle mass and bone density to improving mental health and boosting self-discipline, the benefits are endless. And did you know? Academic performance can even improve as a result of regular lifting!

Don't miss out—join Dr. Penney at the MMHS CHANGE Lifting Club and start pumping some iron today!

Day and Time	Thursday Lunchtime
Years welcome	All Years
Room	Gym
Staff	David Penney dpenney@mmhs.co.uk



Lego Club



Lego Club Information

Do you enjoy building lego and want somewhere to meet other people who enjoy it too? Come and join in with the lego club. A calm and friendly environment where you can spend your lunch making your own creations and sharing them with others.

Curriculum Area	PE
Day and Time	Thursday After School until 4pm (boys); Tuesday Afterschool until 4pm (girls)
Years welcome	All Years
Room	Gym
Staff	Colette Bonner cbonner@mmhs.co.uk



Minecraft Club



Minecraft Club Information

Are you passionate about games? Come take part in a 30 person creative minecraft server. You will need to sign up to be part of this club. There are a maximum of 30 people taking part on a first come first served basis.

Day and Time	Tuesday and Thursday Lunchtimes
Years welcome	All Years
Room	B25/26 IT Room (access by Spanish will need a teacher to let you in)
Staff	Gavin Rushworth rushworthg@watergrovetrust.co.uk